



12-MONTH BEST LIFE SUPPORT

The Green House Project is pleased to announce a **Best Life learning cohort** launching in January 2022. These monthly sessions **online virtual sessions** gather Green House adopter sites and other long term care organizations interested in applying the Best Life approach at their communities.

BEST LIFE

Best Life is a unique and holistic dementia care approach that helps people and organizations support those living with dementia to live rich and rewarding lives. The GHP approach is anchored in four Best Life principles:

- Power of Normal
- Focus on Retained Abilities
- Dignity of Risk
- Advocacy

WHAT YOU GET

- Recorded overview of GHP Best Life approach for team member learning
- Team attendance at monthly virtual sessions
- Dementia-related didactic presentations by dementia experts
- 1-page summary of didactic presentations with suggested action items to implement
- PPT, didactic content recordings, & facilitator guide
- Case presentations with peer & expert feedback
- Opportunity to present a dementia support case
- Access to dementia experts
- Nursing and Administrator continuing education credits*

*This program has been submitted (but not yet approved) for Continuing Education for 12 total participant hours from NAB/NCERS.

The Green House Project is an approved provider of continuing nursing education by Maryland Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



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Join the GREEN HOUSE® PROJECT 2022 MONTHLY BEST LIFE TELE-MENTORING SESSIONS



THE POWER OF TELE-MENTORING!

Monthly Learning Sessions

- Monthly virtual sessions connecting peers to one another and dementia experts.
- The expert panel includes geriatricians, long term care & memory care operations specialists, and persons living with dementia.
- COVID has taught us many lessons: we need one another and the workforce needs as much support as possible to best care for elders living with dementia.



HOW DOES IT WORK?

A Peer-to-Peer Learning Network

- Monthly learning sessions beginning in January 2022.
- Each organization designates a team to attend the monthly sessions and apply the Best Life knowledge. This can be a valuable asset to your QAPI process!
- **60-75 minute** tele-mentoring sessions with extensive discussion times for peer learning and support.
- Each learning session includes a short lecture on dementia-specific content, a case presentation by a peer, and quality improvement strategies.
- Receive weekly recordings, PPTs and other teaching tools to bring the practical didactic sessions to your team members. ([see sample 1-page resource](#)).



WE WANT IN! WHAT'S NEXT?

Best Life Cohort starts January 2022

- We need a minimum of 8 organizations to sign-on to implement this program.
- Participation in the 12 sessions is priced at \$9500 for Green House members and \$10,500 for non-members. Payment plan available.
- [CLICK HERE](#) to enroll in the cohort.
- [CLICK HERE](#) for more information on the **GHP Best Life** approach to supporting elders living with dementia.